



Sienna Ranch

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Welcome Horseback Riders!

Footwear Requirement

We require participants to wear sturdy closed toe boots or shoes with a short heel in order to protect their feet and to keep them from sliding through the stirrup. Here are some examples:



Safe Footwear

- Structured boot or shoe with hard toe. Footwear should protect toes, you can test this by pressing down on toe with thumb.
- Boots designed for riding such as paddock boots, ropers, or cowboy boots
- Shoe or boot with smooth sole (no significant treads) and a square 1" – 1.5" heel

Unsafe Footwear (not permitted for horseback riding)

- Flip Flops
- Sandals
- Open-toed shoes
- Sneakers
- Canvas shoes such as Toms
- Clogs
- Garden shoes such as Crocs
- Hiking/snow boots
- Work boots such as Craftsman, Caterpillar

Helmet Requirement

We require all participants to wear a correctly fitted ASTM-SEI riding helmet while on horseback. We highly recommend bringing your own horse back riding helmet (different from a bike helmet) to ensure proper fit and minimize risk of head lice. Sienna Ranch does have spare riding helmets for your child to use.

Riding Pants

Long pants are preferred for horse riding to avoid leg chafe against the saddle. The most comfortable riding pant is a stretchy pant/legging. For private lessons (where more time is spent on the horse) we suggest investing in riding pants with leather knee pads. .

Hair/accessories

Long hair should be tied back in a low ponytail to avoid getting caught on tack or interfering with the rider's vision. Hair should be free of barrettes and clips. No jewelry other than post / stud earrings.

If you want to purchase your own equipment:

Dover Saddlery
444 Center Street
Moraga, CA

Concord Feed Pet & Livestock Supply
228 Hookston Road
Pleasant Hill, CA

Arney's Crow Canyon Saddlery
10730 Crow Canyon Road
Castro Valley, CA

Or look for used items on Bay Area Equestrian Network <http://www.bayequest.info>

Thanks!
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Questions? Email us at admin@siennaranch.net